

1980 Track & Field Honor Roll (5/27/80)

St. Paul Pioneer Press by Gary Olson

(might not include all Regionals or the State Meet)

(many of these marks have been converted from yard to metric times)

100 Meter Dash

Jeff Byrd, Mpls. Central :10.6
Clark Johnson, Alexander Ramsey :10.7
John Irber, Coon Rapids :10.7
Stacy Robinson, St. Paul Central :10.8
John Hanks, St. Louis Park :10.8

200 Meter Dash

Stacy Robinson, St. Paul Central :21.9
Jeff Byrd, Mpls. Central :22.2
Brian Brogan, Rochester Mayo :22.2
John Irber, Coon Rapids :22.2
Rick Henley, Rochester JM :22.2
John Hanks, St. Louis Park :22.2

400 Meter Dash

Redd Overton, Mpls. North :49.0
Jim Herbert, Irondale :49.3
Mike Duerr, Wayzata :49.4
John Beaudot, Austin Pacelli :49.6
Bob Stock, Rochester Mayo :49.6
Steve Burkstrand, Eden Prairie :49.6

800 Meter Run

Mike Moran, Park-CG 1:54.6
John Tuma, Lakeville 1:55.3
Steve Rogers, Blaine 1:55.5
Brian Maas, Austin Pacelli 1:55.8
Dale Shimek, Blaine 1:56.0

1600 Meter Run

Tim Ross, Wayzata 4:20.5
Doug Schneider, Eden Prairie 4:20.9
Rich Whybrew, Apple Valley 4:21.0
Ron Wolfe, Bemidji 4:21.7
Dave Morrison, Lakeville 4:22.4

3200 Meter Run

Dave Morrison, Lakeville 9:11.0
Steve Shelerud, Duluth Denfeld 9:21.3
Rick Taplan, Burnsville 9:21.4
Kurt Threinen, Wayzata 9:23.0
John Gathje, Rochester Lourdes 9:25.5

110 Meter High Hurdles

Bob Sobieck, Alexander Ramsey :14.3
Al Clark, Bloomington Kennedy :14.3
Bob Kaye, Rochester Mayo :14.6
Scott Kohls, Forest Lake :14.7
Chris Belvo, Eden Prairie :14.7
Rick Sollie, Wayzata :14.7

300 Meter Intermediate Hurdles

Bob Sobieck, Alexander Ramsey :38.4
John Bertsch, Simley :39.0
Rick Sollie, Wayzata :39.0
Tom Delaitsch, Owatonna :39.1
Tim Warner, Owatonna :39.1

400 Meter Relay (4x100)

Minneapolis Central :42.6
Alexander Ramsey :42.7
Minneapolis North :43.0
St. Cloud Apollo :43.2
St. Louis Park :43.2

Mile Relay (4x440)

Faribault 3:22.7
Burnsville 3:22.8
Owatonna 3:23.0
Apple Valley 3:23.2
Wayzata 3:23.2

1600 Sprint Medley Relay (200,200,400,800)

Albert Lea 3:32.8
Rochester John Marshall 3:35.0
Mounds View 3:35.0
Wayzata 3:35.2
Worthington 3:35.5

Shot Put

Chris Waltman, Elgin-Millville 61-9
Jeff Deaton, St. Cloud Apollo 60-1
Matt Wolfe, Coon Rapids 57-1
Kevin Henderson, Winona 56-8
Jeff Wetzel, St. Paul Harding 56-8

Discus Throw

Jeff Deaton, St. Cloud Apollo 179-10
Chris Waltman, Elgin-Millville 177-2
Kevin Henderson, Winona 172-4
Brian Hellickson, Elbow Lake 166-2
David Thompson, Mpls. Central 166-2

High Jump

Ken Larson, Fulda 7-0
Brett Bohanon, Anoka 6-10
Dave Rauker, Duluth East 6-10
David Strobel, Hill-Murray 6-9
Todd Nash, Rochester JM 6-7
Paul Burmeister, Rochester Mayo 6-7
Robert Stevenson, Mpls. Central 6-7

Pole Vault

Scott Santwire, Detroit Lakes 14-0
Don Jungbauer, Saint Francis 14-0
Dave Correll, Moorhead 13-9
Winn Bjoraker, Owatonna 13-7.25
Troy Rustand, Russell 13-6
Dean Nicholas, Bloomington Lincoln 13-6
Dennis Bacon, Staples 13-6
David Nohre, Elbow Lake-Wendell 13-6

Long Jump

Chris Smith, Rochester Mayo 22-6
Bill Collette, Saint Francis 22-5.5
John Fragodt, Benson 22-5
Jeff Byrd, Mpls. Central 22-5
Tom Wallert, Danube 22-4.5